



Karla Lux

Regional Vice President,
West Region

Karla serves as Regional Vice President for the West Region for Aramark Healthcare+. Karla holds a Bachelor of Science in Nutrition and Dietetics from Ball State University. She is an inspirational leader with over 25 years' experience in people development, financial management, and service delivery. Karla has been with Aramark Healthcare+ for that last three years. Prior to her role with Aramark Healthcare+, she was Regional Vice President for Morrison Healthcare.